

Predictability of at-admission Plasma Neutrophil Gelatinase-associated Lipocalin (NGAL) Level for Acute Kidney Injury in Patients admitted to Surgical Intensive Care Unit

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ABSTRACT

Objectives: To determine the frequency of acute kidney injury (AKI) among patients admitted to surgical intensive care unit (ICU) for variant indications and to determine the predictability of at admission AKI biomarkers levels for the possibility of AKI development. **Patients & Methods:** The study included 168 patients with mean age of 53±6.7 years; 97 postoperative patients, 55 trauma patients and 16 patients had other causes. Patients' data were collected and disease severity was evaluated using the Acute Physiology and Chronic Health Evaluation (APACHE II) and the simplified Therapeutic Intervention Scoring System (TISS-28). Development of AKI within the first 48 hours after ICU admission was defined according to the Acute Kidney Injury Network (AKIN) criteria using serum creatinine (sCr). Blood samples were obtained for ELISA estimation of at admission sCr and serum Cystatin C (CysC) and plasma Neutrophil gelatinase-associated lipocalin (NGAL) levels. Another blood sample was obtained at 48 hours of ICU admission for colorimetric estimation of sCr and then patients' categorization. **Results:** Estimated sCr at 48-hr after admission defined 62 patients developed AKI (36.9%); 39 patients AKI stage-1 (23.2%) and 23 patients AKI stage-2 (13.7%). At admission plasma NGAL levels were significantly higher in patients compared to controls, however, AKI-free patients showed non-significantly higher plasma NGAL levels compared to controls. Patients developed AKI had significantly higher plasma NGAL levels compared to AKI-free patients with significantly higher levels in patients developed AKI-2 compared to those developed AKI-1. At admission serum CysC levels were significantly higher in patients compared to controls and in patients developed AKI-2 compared to AKI-free and AKI-1 patients. Regression and Receiver operating characteristic (ROC) analysis of at admission clinical and laboratory data as predictors for development of AKI, defined at admission plasma NGAL and serum CysC, and TISS-28 injury severity score as the significant specific predictors for possibility of development of AKI.

Conclusion: Patients admitted to surgical ICU had a risk of 36.9% for AKI development and combined high TISS-28 severity score and high at admission plasma NGAL levels could early predict the possibility of AKI development with significantly high specificity.

Keywords: Neutrophil gelatinase-associated lipocalin, Cystatin C, Acute kidney injury, Surgical ICU patients

INTRODUCTION

Neutrophil gelatinase-associated lipocalin (NGAL) is a member of the lipocalin protein family that has diverse functions but similar structure. The functions of NGAL are not clear, but it appears to be expressed in stress conditions and in tissues undergoing involution. NGAL is a 25-kDa secretory glycoprotein that was originally identified in human neutrophils and so was originally known as an innate immunity antibacterial factor released by activated neutrophils. NGAL is one of the most upregulated genes in the kidney soon after ischemic injury and NGAL protein was markedly induced in kidney tubule cells, and easily detected in the plasma and urine in animal models of ischemic and nephrotoxic acute kidney injury (AKI). The expression of NGAL protein was also dramatically increased in kidney tubules of humans with ischemic, septic, and post-transplant AKI⁽¹⁻⁶⁾.

Cystatin C (CysC) is a 122-amino acid, 13-kDa protein that is a member of the family of cysteine proteinase inhibitors. It is the product of a "housekeeping" gene expressed in all nucleated cells and is produced at a constant rate. Because of its small size, CysC is freely filtered by the glomerulus. It is not secreted, but is reabsorbed by tubular epithelial cells and subsequently catabolized so that it does not return to the blood flow. This latter property negates calculation of a CysC clearance using urine concentrations of CysC. The use of serum CysC to estimate glomerular filtration rate is based on the same

logic as the use of blood urea nitrogen and creatinine, but because it does not return to the bloodstream and is not secreted by renal tubules, it has been suggested to be closer to the "ideal" endogenous marker⁽⁷⁻⁹⁾.

In two large cohort studies of intensive care patients that used the Risk-Injury-Failure-Loss-End Stage (RIFLE) criteria, AKI had a prevalence of approximately 36% and was significantly associated with increased mortality^(10,11). Similar results have been observed in the hospitalized population as a whole⁽¹²⁾, patients undergoing cardiac surgery⁽¹³⁾, and burn patients⁽¹⁴⁾. Recently, **Wohlauer et al.**⁽¹⁵⁾ documented that early AKI is a harbinger of adverse outcome post-injury, outperforming hepatic, cardiac, or pulmonary dysfunction as a predictor of multiple organ failure and death, and so prevention of early AKI and a better understanding of organ crosstalk may help to reduce AKI-associated morbidity, mortality, and obligatory costs of that complication. Thus, the current study (screening study) was designed as a trial for determination of the frequency of AKI among patients admitted to surgical ICU for variant indications and to determine the predictability of at admission AKI biomarkers levels for the possibility of AKI development.

PATIENTS & METHODS

The present prospective study was conducted at Departments of Anesthesia and Clinical Pathology, Benha University Hospital in conjunction with Medical Biochemistry Department, Faculty of

Medicine, Benha University. After approval of the study protocol by the Local Ethical Committee and obtaining nearest patients' relative consent, patients fulfilling enrolment criteria since Jan 2010 till Jan 2013 were enrolled in the study. Also, the study included 20 age- and sex-matched controls collected from those fulfilling the preliminary investigations for blood donation at Blood Bank of Benha University

All patients' data including demographic data, admission diagnosis, associated co-morbidities and severity of illness score were determined. Severity scores were calculated for the Acute Physiology and Chronic Health Evaluation (APACHE II)⁽¹⁶⁾ and the simplified Therapeutic Intervention Scoring System (TISS-28)⁽¹⁷⁾. Higher scores indicate more severe illness and a

higher number of therapeutic interventions, respectively. For the TISS-28 score, each therapeutic intervention is assigned 1 to 4 points, and the points are summed daily to obtain the overall score. For APACHE-II score, zero points were usually assigned for the neurologic evaluation, since the majority of patients were sedated.

Development of AKI within the first 48 hours after ICU admission was defined according to the Acute Kidney Injury Network (AKIN) criteria using serum creatinine as shown in table 1⁽¹⁸⁾. Patients who developed AKI of any severity within 48 hours were classified as having day-2 AKI. Patients with more severe AKI (stages 2 or 3) within the first 48 hours were classified as having severe AKI. Patients requiring dialysis were classified as having AKI stage 3.

Table (1): Acute Kidney Injury Network criteria using serum creatinine⁽¹⁸⁾

Stage	Serum creatinine (sCr) criteria
1	Increase in sCr of ≥ 0.3 mg/dl or increased sCr by ≥ 150 -200% from baseline, i.e. increase by 1.5-2 folds
2	Increase in sCr by >200 -300% from baseline, i.e. increase by >2 -3 folds
3	Increase in sCr of ≥ 4 mg/dl

Laboratory investigations

Blood samples were drawn from antecubital vein under complete aseptic condition at time of ICU admission and were divided into three parts:

1. The first part was put in clean dry tube, allowed to clot, then serum was separated in clean dry Eppendorff tube to be stored at -80°C till assayed for serum Cystatin C level using an ELISA kit (RayBio® Human Cystatin C

ELISA Kit, RayBio® Inc., USA)⁽¹⁹⁾.

2. The second part was collected in EDTA containing tubes. Plasma was separated as soon as possible by centrifugation at 1,500 g for 15 minutes and transferred to acid-handled plastic tubes, which were stored at -80°C till assayed for plasma neutrophil gelatinase-associated lipocalin using an ELISA kit (Hycult® biotech ELISA Kit, Hycult Inc.)^(20,21).

- The third part was put in clean dry tube and allowed to clot and then serum was separated for estimation of serum creatinine using commercial colorimetric kit (Neogen Corporation, Lexington, USA) (22). Another blood sample was obtained at 48 hours of ICU admission for ELISA estimation of serum creatinine.

Patients' categorization:

The percentage of sCr change was calculated as level of sCr estimated at 48-hr minus that estimated at admission and the resultant was divided by the level estimated at admission and patients were categorized according to the percentage of change into AKI stage 1-3.

RESULTS

The study included 168 patients admitted to ICU; 115 males (68.5%) and 53 females (31.5%); with mean age of 53 ± 6.7 ; range: 35-63 years. The mean BMI was 34.6 ± 2.7 ; range: 30.5-39.5 kg/m². There was non-significant ($p > 0.05$) difference between patients and controls as regards enrollment demographic data, (Table 2). Concerning the cause of admission; 97 patients (57.7%) were postoperative patients, 55 patients (32.7%) were patients who suffered trauma and 16 patients (9.6%) had other causes. Fifty-two patients (30.9%) had no associated comorbidities, while 116 patients (69.1%) had additional comorbidities. Mean APACHE II score determined at first 24 hrs after ICU admission was 15.6 ± 4.6 ; range: 7-23. Median APACHE II score was 15 and

88 patients (52.4%) had score ≥ 15 . Mean TISS-28 score at first 24 hours after ICU admission was 40.2 ± 4.5 ; range: 32-49. Median TISS-28 score was 41 and 78 patients (46.4%) had score ≥ 41 , (Table 3).

Estimated serum creatinine at 48-hr after admission defined 62 patients developed AKI for a frequency of AKI among ICU patients of 36.9%; with mean percentage of increased sCr of 206 ± 44 ; range: 152.5-323.5%. Fortunately, no case showed shooting sCr at 48 hours estimation time, so no case of AKI stage-3 was reported. Thirty-nine patients developed AKI stage-1 for a frequency of stage-1 of 23.2% with mean percentage of increased sCr of 187.6 ± 18.8 ; range: 152.5-226%. Twenty-three patients developed AKI stage-2 for a frequency of stage-2 of 13.7% with mean percentage of increased sCr of 238 ± 55 ; range: 182-323.5% (Table 4, Fig. 1).

Patients who were free of AKI at 48-hr after ICU admission had non-significantly ($p > 0.05$) higher at admission sCr compared to control subjects. On contrary, patients developed AKI had significantly ($p < 0.05$) higher at admission sCr compared to controls and to AKI-free patients. Patients developed AKI stage-1 had significantly ($p < 0.05$) higher at admission sCr levels compared to controls, but had non-significantly ($p > 0.05$) higher levels compared to AKI-free patients. Patients developed AKI stage-2 had significantly ($p < 0.05$) higher at admission sCr levels compared to controls, AKI-free patients and to patients had AKI stage-1. Mean patients' sCr estimated at 48-hr after

ICU admission was significantly ($p < 0.05$) higher compared to their respective at admission sCr level. Moreover, mean sCr estimated at 48-hr after ICU was significantly ($p < 0.05$) higher in patients compared to controls with significantly ($p < 0.05$) higher sCr estimated at 48-hr in patients developed AKI compared to controls and to AKI-free patients. Patients had AKI stage-2 showed significantly ($p < 0.05$) higher sCr estimated at 48-hr compared to controls, AKI-free patients and patients had AKI stage-1. Patients had AKI stage-1 showed significantly ($p < 0.05$) higher sCr estimated at 48-hr compared to controls and AKI-free patients. Patients free of AKI showed significantly ($p < 0.05$) higher sCr estimated at 48-hr compared to controls, (Table 4, Fig. 2).

At admission plasma NGAL levels were significantly ($p < 0.05$) higher in patients compared to controls, however, AKI-free patients showed non-significantly ($p > 0.05$) higher plasma NGAL levels compared to controls. Patients developed AKI had significantly ($p < 0.05$) higher plasma NGAL levels compared to AKI-free patients with significantly ($p < 0.05$) higher levels in patients

developed AKI-2 compared to those developed AKI-1, (Table 5, Fig. 3). Similarly, at admission serum CysC levels were significantly ($p < 0.05$) higher in patients compared to controls and in patients developed AKI-2 compared both to AKI-free patients and those developed AKI-1 with non-significantly ($p > 0.05$) higher levels detected in patients had AKI-1 compared to AKI-free patients, (Table 5, Fig. 4).

Regression analysis of at admission clinical and laboratory data as predictors for development of AKI, defined plasma NGAL as the significant predictor for possibility of development of AKI in four models, followed by at admission serum cystatin C in three models, TISS-28 injury severity score in two models and at admission serum creatinine in one model, (Table 6). ROC curve analysis for specificity of these predictors, defined at admission plasma NGAL as the significant specific predictor for possibility of development of AKI, followed by serum cystatin C and lastly at admission TISS-28 score and presence of additional co-morbidities, (Table 7, Fig. 5).

Table (2): Enrollment demographic data of studied patients compared to controls

		Controls	Patients
Age (years)		56.1±8.2 (37-65)	53±6.7 (35-63)
Gender	Males	14 (70%)	115 (68.5%)
	Females	6 (30%)	53 (31.5%)
Anthropometric data	Weight (kg)	94±4 (85-102)	94.5±6.3 (82-108)
	Height (cm)	164.6±3.3 (160-170)	165.3±3.7 (159-172)
	BMI (kg/m ²)	34.7±2.3 (31.6-37.9)	34.6±2.7 (30.5-39.5)

Data are presented as mean ± SD & numbers; ranges & percentages are in parenthesis

Table (3): Clinical data and initial scoring at time of admission to ICU

Data		Findings	
Associated medical disorders	No	52 (30.9%)	
	Diabetes mellitus	23 (13.7%)	
	Previous cardiac disease	49 (29.2%)	
	Hypertension	31 (18.5%)	
	Chronic kidney disease	13 (7.7%)	
Causes of admission	Postoperative	Major Abdominal surgery	31 (18.5%)
		Thoracic surgery	22 (13.1%)
		Neurosurgery	25 (14.9%)
		Major orthopedic surgery	19 (11.3%)
	Multiple trauma	55 (32.6%)	
	Others	Acute coronary disease	9 (5.4%)
		Hyperosmolar hyperglycemic coma	4 (2.4%)
Respiratory failure		3 (1.8%)	
APACHE II score at 1 st 24-hrs	Mean	15.6±4.6	
	Range	7-23	
	Median	15	
	Number (%) with score ≥ median score	88 (52.4%)	
TISS-28 score at 1 st 24-hrs	Mean	40.2±4.5	
	Range	32-49	
	Median	41	
	Number (%) with score ≥ median score	78 (46.4%)	

Data are presented as mean ± SD & numbers; ranges & percentages are in parenthesis

Table (4): Mean serum creatinine levels estimated at admission and 48-hr after ICU admission in patients categorized according to presence and stage of AKI

		At admission	At 48-hr after admission	Percentage of change	
Control (n=20)		0.89±0.18 (0.67-1.02)	-	-	
Patients	AKI-free (n=106)	0.95±0.1 (0.74-1.06)	1.04±0.05 ^{AD} (0.87-1.11)	7.3±4.3 (1.4-23.1)	
	AKI	AKI-1 (n=39)	0.98±0.07 ^A (0.82-1.07)	2.72±0.34 ^{ABD} (1.98-3.32)	187.6±18.8 (152.5-226)
		AKI-2 (n=23)	1.42±0.34 ^{ABC} (1.04-2.03)	4.64±0.52 ^{ABCD} (4-5.8)	238±55 (182-323.5)
		Total (n=62)	1.15±0.32 ^{AB} (0.74-2.03)	3.43±1.02 ^{AD} (1.98-5.8)	206±44 (152.5-323.5)
	Total (n=168)	1.18±0.34 ^A (0.89-2.11)	1.93±1.31 ^{ABD} (0.87-5.8)	56.9±84.4 (1.5-323.5)	

Data are presented as mean ± SD, ranges are in parenthesis; ^A: significant versus controls; ^B: significant versus no AKI; ^C: significant versus AKI-1; ^D: significant versus at admission

Table (5): Mean at admission plasma NGAL and serum cystatin C levels estimated in patients categorized according to presence and stage of AKI

		NGAL (ng/ml)	Cystatin C (ng/ml)
Control (n=20)		55±10.9 (33-78)	251.2±55.4 (167-339)
Patients	AKI-free (n=106)	58±11.8 (32-92)	327.9±59.1 ^A (198-415)
	AKI	AKI-1 (n=39)	177.5±36.3 ^{AB} (105-245)
		AKI-2 (n=23)	288.8±85.6 ^{ABC} (178-422)
		Total (n=62)	218.8±80 ^{AB} (105-422)
	Total (n=168)	117.3±92.1 ^A (32-422)	370.1±100.8 ^{AB} (245-650)

Data are presented as mean ± SD, ranges are in parenthesis; ^A: significant versus controls; ^B: significant versus AKI-free; ^C: significant versus AKI-1

Table (6): Regression analysis of laboratory parameters estimated at time of ICU admission and clinical data as predictors for the possibility of development of AKI

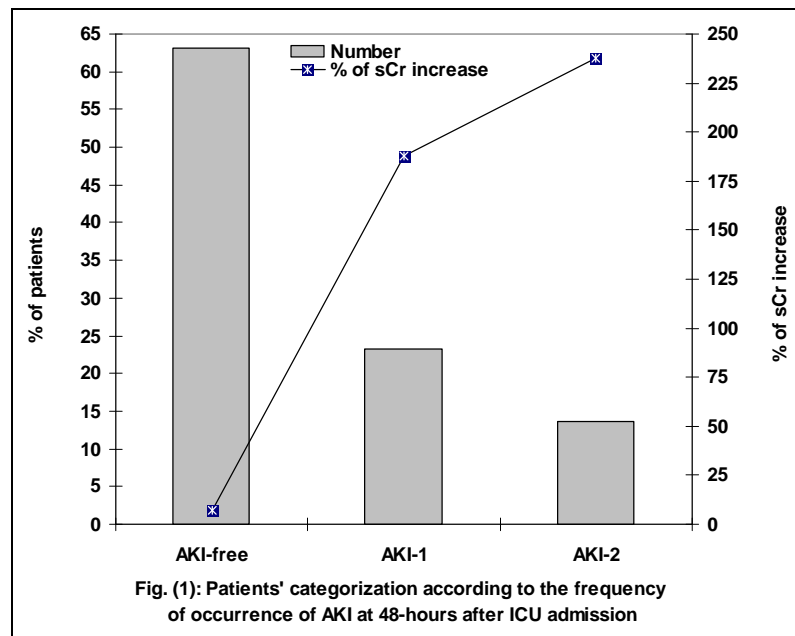
		β	T	p
Model 1	Serum creatinine	0.148	2.000	=0.047
	TISS-28 score	0.186	2.863	=0.005
	Serum CysC	0.229	3.537	0.001
	Plasma NGAL	0.511	6.916	<0.001
Model 2	TISS-28 score	0.174	2.670	=0.008
	Serum CysC	0.224	3.422	=0.001
	Plasma NGAL	0.439	6.740	<0.001
Model 3	Serum CysC	0.241	3.643	<0.001
	Plasma NGAL	0.451	6.801	<0.001
Model 4	Plasma NGAL	0.475	6.960	<0.001

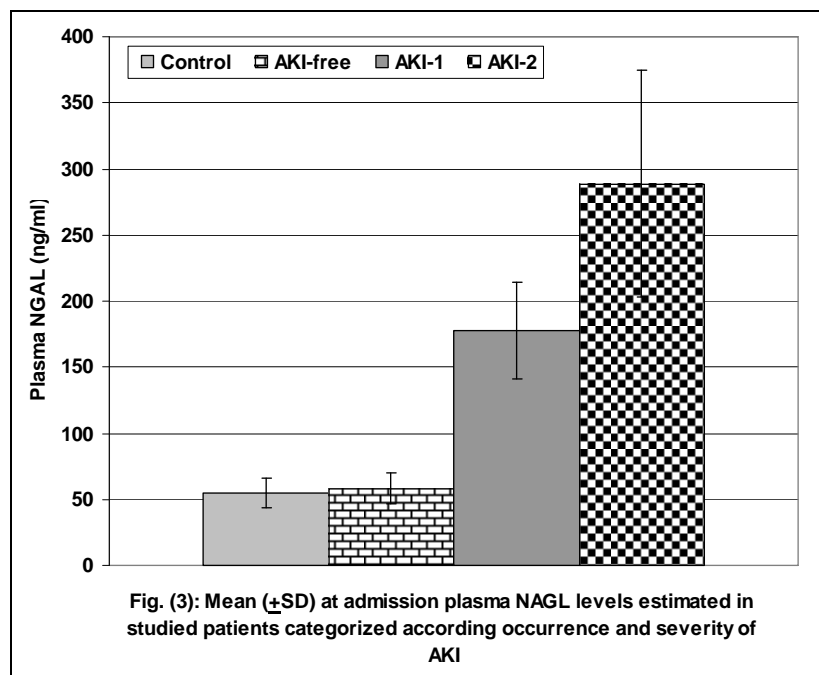
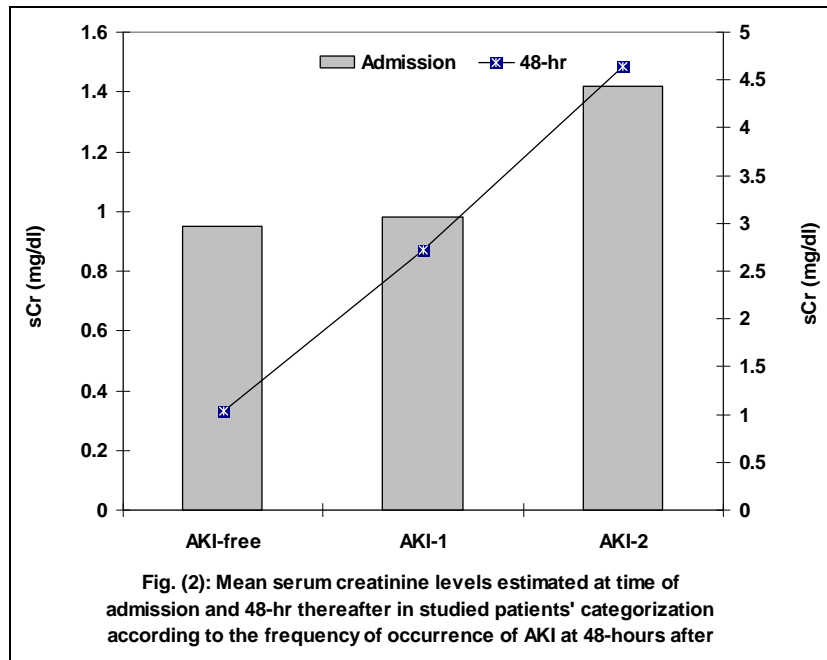
β : Standardized coefficient; TISS-28: simplified Therapeutic Intervention Scoring System; CysC: Cystatin C; NGAL: Neutrophil gelatinase-associated lipocalin.

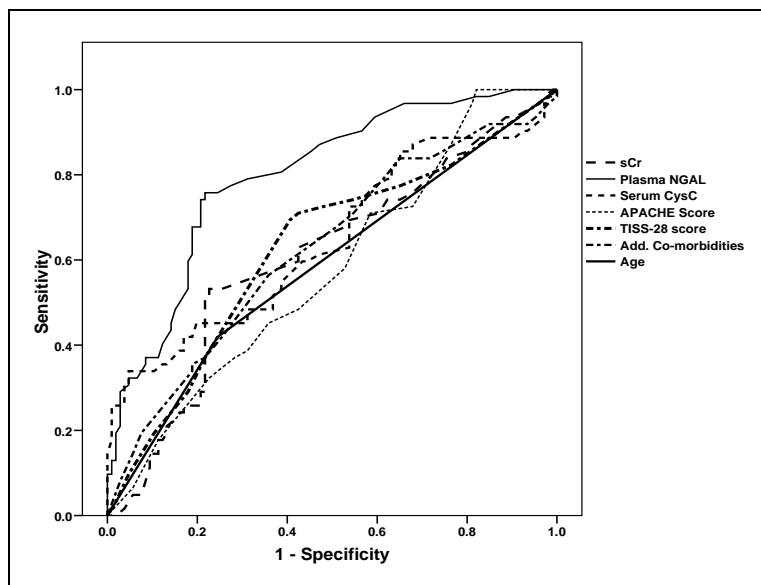
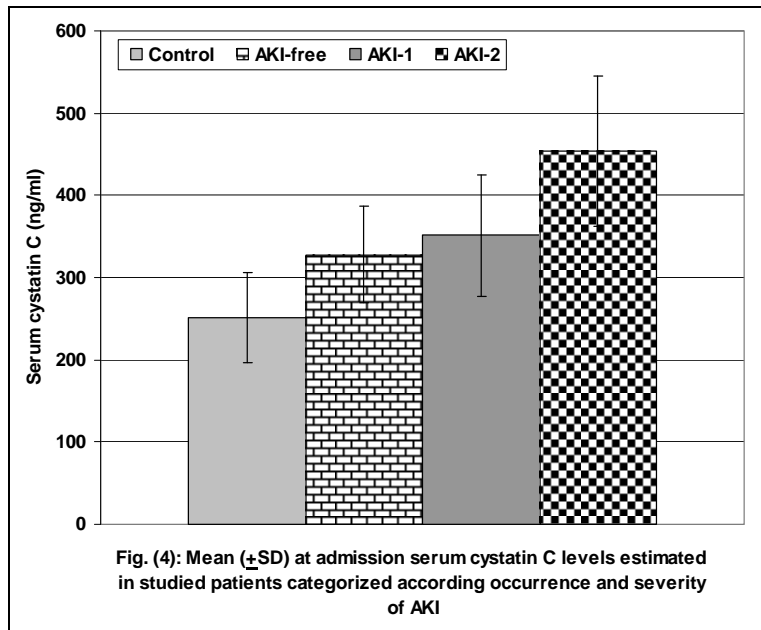
Table (7): ROC curve analysis of laboratory parameters estimated at time of ICU admission and clinical data as predictors for the possibility of development of AKI

	AUC	S.E	P	CI	
				Upper	Lower
Age	0.587	0.046	>0.05	0.496	0.678
Additional co-morbidities	0.628	0.045	=0.006	0.538	0.715
APACHE II score	0.577	0.045	>0.05	0.489	0.665
TISS-28 score	0.628	0.045	=0.006	0.539	0.717
Plasma NGAL	0.799	0.035	<0.001	0.731	0.867
Serum CysC	0.646	0.046	=0.002	0.555	0.736
Serum creatinine	0.608	0.046	=0.020	0.518	0.698

AUC: Area under curve; S.E: Standard error; CI: confidence interval; TISS-28: simplified Therapeutic Intervention Scoring System; CysC: Cystatin C; NGAL: Neutrophil gelatinase-associated lipocalin.







DISCUSSION

Among 168 patients admitted to surgical ICU, 62 patients developed AKI as documented by increased serum creatinine (sCr) level estimated at 48-hr after ICU admission in relation to at admission sCr level, for a frequency of AKI development of 36.9%; according to AKIN criteria, 39 patients had AKI stage-1 (23.2%) and 23 patients had AKI stage-2 (13.7%) and fortunately no patient had AKI stage-3. In line with these figures; **Cruz et al.**⁽²³⁾ reported a frequency of AKI of 44% of 301 patients during their ICU stay. **Kashani et al.**⁽²⁴⁾ studied 522 adults in three distinct cohorts including patients with sepsis, shock, major surgery, and trauma and reported moderate to severe AKI in 14% of studied patients. **Talving et al.**⁽²⁵⁾ reported a frequency of 13.4% among 521 studied pediatrics admitted to trauma surgical ICU.

Despite the significantly higher at admission sCr in patients developed AKI in comparison to controls and AKI-free patients, patients developed AKI stage-1 (n=39; 62.9%) had their at admission sCr was in range of 0.82-1.07 mg/dl which falls in the normal range of sCr. These findings indicated the shortage of at admission estimation of sCr as a predictor for the possibility of development of AKI. In support of that assumption, regression analysis failed to define at admission sCr as significant specific predictor except in one of four models of analysis. In hand with these data, **de Geus et al.**⁽²⁶⁾ documented that efforts to change the clinical course of AKI have failed because clinically available therapeutic measures are

currently lacking, and early detection is impossible with serum creatinine.

At admission high serum cystatin C (CysC) levels were found as a significant specific predictor for AKI in three models of regression analysis with high AUC; however its predictivity was inferior to that of NGAL and when coupled its predictivity became better. In support of these findings, **Cai et al.**⁽²⁷⁾ reported that CysC is a more accurate and sensitive marker for identification of acute impaired renal function in major burn patients than sCr, so it is important to measure CysC and calculate estimated glomerular filtration rate to prevent acute renal failure and modify drug doses in burn patients, especially those of older age and with major burn areas. **Aydoğdu et al.**⁽²⁸⁾ found plasma and urinary CysC and urinary NGAL are useful markers in predicting AKI in septic ICU patients.

At admission plasma NGAL levels were found to be the best early predictor for the possibility of AKI development in patients admitted to surgical ICU. This outcome was confirmed statistically, where both ROC and regression analyses defined it as the significant specific predictor for the possibility of development of AKI. In line of these data, **Mårtensson et al.**⁽²⁹⁾ found plasma NGAL is raised in patients with systemic immune response, severe sepsis, and septic shock. **Bagshow et al.**⁽³⁰⁾ reported that septic AKI patients have higher detectable plasma NGAL compared with non-septic AKI patients and these differences in NGAL values in septic AKI have diagnostic and clinical relevance as

well as pathogenetic implications. **Constantin et al.**⁽³¹⁾ assessed the ability of plasma NGAL to predict AKI in adult ICU patients and found its sensitivity was 85% and specificity was 97% for predication of AKI. **Koyner et al.**⁽³²⁾ tried to evaluate whether kidney injury biomarkers measured at the time of first clinical diagnosis of early AKI after cardiac surgery can forecast AKI severity and found that each biomarker improved risk classification compared with the clinical model alone, with plasma NGAL performing the best. **Mellor & Woods**⁽³³⁾ found serum NGAL levels raised in both groups of casualties, blast and gunshot wounds, and was significantly predictive of death or renal failure at ICU admission, 12 and 24 hours after injury.

Additionally, presence of additional co-morbidities and high TISS-28 scores were found to be specific predictors for AKI, however, AUC for both clinical data was less than AUC for NGAL, thus combined clinical judgment and high at admission plasma NGAL improved the predictivity for the possibility of development of AKI. In line with these data; **Di Somma et al.**⁽³⁴⁾ reported that the AUC, obtained at time-0 (T0), for blood NGAL alone in the AKI group was 0.80 and when NGAL at T0 was added to the physician's initial clinical judgment the AUC was increased to 0.90, significantly greater when compared to the AUC of the T0 estimated glomerular filtration rate and concluded that assessment of a patient's initial blood NGAL when admitted to hospital improved the

initial clinical diagnosis of AKI and predicted in-hospital mortality.

In support of the predictivity of estimation of plasma NGAL, **Kümpers et al.**⁽³⁵⁾ reported that serum NGAL can be used as an outcome-specific biomarker in critically ill patients at initiation of renal replacement therapy and results indicated that serum NGAL could be used as an independent predictor of 28-day mortality in ICU patients with dialysis-dependent AKI. Recently, **Polat et al.**⁽³⁶⁾ reported that in a heterogeneous group of critically ill children with established AKI, NGAL in both urine and serum at the time of patient presentation discriminated intrinsic AKI from prerenal AKI.

The obtained results and review of literature allowed concluding that patients admitted to surgical ICU had a risk of 36.9% for AKI development and combined high TISS-28 severity score and high at admission plasma NGAL levels could early predict the possibility of AKI development with significantly high specificity.

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توقعية قياس مستوي الليبوكالين المرتبط بجيلاتيناز النتروفيل بالبلازما عند دخول وحدة العناية المركزة لحدوث الإصابة الكلوية الحادة عند مرضي وحدة العناية المركزة الجراحية

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تهدف هذه الدراسة لتعيين معدل حدوث الإصابة الكلوية الحادة في مرضي وحدة العناية المركزة الجراحية ولتحديد القيمة التوقعية لقياس مؤشرات الإصابة الكلوية الحادة عند دخول الوحدة لإمكانية حدوث الإصابة الكلوية الحادة للمرضي. طرق الدراسة: شملت الدراسة ١٦٨ مريضاً في متوسط عمر حوالي ٥٣ عاماً، ٩٧ مريضاً بعد الجراحة، ٥٥ مصاباً بإصابات متعددة، ١٦ مريضاً بأسباب أخرى. تم جمع بيانات المرضى وتم تقييم شدة المرض باستخدام مقياس علم وظائف الأعضاء الحادة والمزمنة لتقييم الصحة (APACHE II) ومقياس تبسيط نظام تسجيل النقاط التدخل العلاجي (TISS-28). تم تحديد حدوث الإصابة الكلوية الحادة خلال الـ ٤٨ ساعة الأولى بعد دخول وحدة العناية المركزة الجراحية. تم الحصول على عينات دم لتقدير مستوي الكرياتينين والسيستاتين-سي بمصل الدم ومستوي الليبوكالين المرتبط بجيلاتيناز النتروفيل بالبلازما وتم الحصول على عينة دم أخرى بعد ٤٨ ساعة من دخول وحدة العناية المركزة الجراحية لإعادة قياس مستوي الكرياتينين.

النتائج: قياس مستوي الكرياتينين بعد ٤٨ ساعة من دخول وحدة العناية المركزة الجراحية حدد ٦٢ مصاباً بالإصابة الكلوية الحادة منهم ٣٩ من الدرجة الأولى و ٢٣ من الدرجة الثانية. عند دخول وحدة العناية المركزة الجراحية كانت مستويات الليبوكالين المرتبط بجيلاتيناز النتروفيل بالبلازما أعلى بشكل ملموس في المرضى مقارنة مع المجموعة الضابطة، وفي مرضي الإصابة الكلوية الحادة مقارنة بمن لم يصابوا بالإصابة الكلوية الحادة، وفي مرضي الإصابة الكلوية الحادة من الدرجة الثانية مقارنة بمرضي الدرجة الأولى. كانت مستويات السيستاتين-سي بمصل الدم أعلى بشكل ملموس في المرضى مقارنة مع المجموعة الضابطة، وفي مرضي الإصابة الكلوية الحادة من الدرجة الثانية مقارنة بمرضي الدرجة الأولى. أظهر تحليل البيانات إحصائياً حدد مستوي الليبوكالين المرتبط بجيلاتيناز النتروفيل بالبلازما، مستوي السيستاتين-سي بمصل الدم ومقياس تبسيط نظام تسجيل النقاط التدخل العلاجي (TISS-28) تنبئ بإمكانية حدوث الإصابة الكلوية الحادة. الخلاصة: يتعرض المرضى الذين أدخلوا إلى وحدة العناية المركزة الجراحية للإصابة الكلوية الحادة بمعدل ٣٦.٩% والجمع بين ارتفاع مقياس تبسيط نظام تسجيل النقاط التدخل العلاجي وارتفاع مستويات الليبوكالين المرتبط بجيلاتيناز النتروفيل بالبلازما يمكن التنبؤ المبكر بإمكانية حدوث الإصابة الكلوية الحادة بخصوصية عالية إلى حد كبير.