

Inhibition of Aflatoxin B₁ Production by Bacteria

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ABSTRACT

Aflatoxins (AFs) contamination in food is a serious problem in the world. Aflatoxin B₁ (AFB₁), produced by *Aspergillus flavus*, is secondary metabolite, highly toxic and carcinogenic. The reduction of AFs contamination in food and feed products could be achieved by some microorganisms. In this study, *Lactobacillus plantarum* ATCC 14917, *Lactobacillus curvatus* ATCC 1136, *Bacillus megaterium* A.F.10, *Bacillus subtilis* A.F.12 and commercial probiotic were used to inhibit AFB₁ production on yeast extract sucrose medium (YES) and on corn. All bacterial strain inhibited *A. flavus* production of AFB₁ on YES media and corn. Also, commercial probiotics had the ability to inhibit *A. flavus* growth and its production of AFB₁ on corn. The most effective bacteria was *B. megaterium* A.F.10. It inhibited the fungal growth with 12 mm inhibition zone and inhibits AFB₁ production 100% by HPLC on YES media. Determination of AFB₁ production by HPLC on corn showed that *B. megaterium* inhibited the production by 69.81% followed by commercial probiotics (59.62%). Commercial probiotics and *B. megaterium* had a synergistic effect in inhibition of AFB₁ production and *in vitro* digestion of corn.

Keywords: *Aspergillus flavus*, aflatoxin, *Lactobacilli*, inhibition.

INTRODUCTION

Aflatoxins (AFs) are mycotoxins produced as secondary metabolites by *Aspergillus flavus* and *Aspergillus parasiticus*. These fungi grow on certain foods and feeds producing AFs. AFB₁ is one of the most serious mycotoxins for human and livestock. The AFs contaminated diets lead to many hazard effects on humans and animals (death; reduce the production and reproduction; mutagenic, carcinogenic and teratogenic effects and immunotoxicity). Several strategies have been proposed to inactivate and detoxify AFs including physical, biological and chemical methods (FAO, 2001; Shehata, 2002; Zaki *et al.*, 2008; Shehata 2010, 2012; Shehata *et al.*, 2009; Eckhardt *et al.*, 2014 and El-Melegy *et al.*, 2015).

Chemical and physical detoxification methods have undesirable health effects and high cost of equipment (Basappa and Shantha, 1996). Therefore, the biological methods by using beneficial bacteria are suitable and safe to reduce AFs in contaminated media (Phillips *et al.*, 1994 and Farzaneh *et al.*, 2012). Probiotic bacteria species belonging to *Lactobacillus*, *Streptococcus* and *Enterococcus* have been reported to enhance the beneficial intestinal probiotic microflora, animal performance and health (Fritts *et al.*, 2000 and Transito *et al.*, 2011).

Moreover, the probiotic protect against food mutagens such as heterocyclic amines, nitroso-compounds and AFs. Probiotics inhibit the pathogenic bacteria in gastrointestinal tract of animals and humans. The application of bacteria for the AFs remediation take short time. Microorganisms (yeasts, molds and bacteria) have been screened for their ability to modify or inactivate mycotoxins. Inhibition of mold growth in the presence of lactic acid bacteria (LAB) has been reported. Effect of several LAB on mold growth and mycotoxin production has also been described (Zaki *et al.*, 1992 and Gomah *et al.*, 2009).

AFs accumulation in potato dextrose broth medium and liquid minimal medium was almost totally (more than 98 %) inhibited by co-cultivation with *Bacillus megaterium*. Growth was also reduced (Qing

Konget *et al.*, 2014). *Lactobacillus curvatus* HBO2 could inhibit growth of fungi. It was cultured on double-layered agar or in liquid anaerobic cultivation medium (Dong-meiet *et al.*, 2008). Also, *Bacillus subtilis* could considerably remediate aflatoxin B₁ from nutrient broth culture and pistachio nut by 85.66% and 95% respectively (Farzanehet *et al.*, (2012).

The aim of the current study was to: i-inhibit *A. flavus* growth and mycotoxin production on YES medium & corn, ii- improvement *in vitro* dry and organic matter disappearance of corn by different bacteria.

MATERIALS AND METHODS

Bacterial strains and culture conditions:

(a) Commercial probiotic was supporting of general Pharma Company. It is considered as a probiotic contain the following ingredients: *Lactobacillus sp.* and *Bacillus subtilis* (4 x 10¹² CFU/g), (b) *Lactobacillus plantarum* ATCC 14917, (c) *Lactobacillus curvatus* ATCC 1136, (d) *Bacillus subtilis* A.F 12 and (e) *Bacillus megaterium* A.F 10 obtained from Dr. Abdel-Salam, A.F., Regional Center for Food and Feed, ARC, Giza, Egypt (Table 1). The purity of the strains was confirmed by Gram-staining. The *L. plantarum* and *L. curvatus* were grown in DeMan Rogosa Sharpe (MRS) agar at 37°C for 24h.; they were stored in MRS broth at -20°C containing 20% (v/v) glycerol. *B. subtilis* and *B. megaterium* were grown in nutrient agar and stored at -20°C in nutrient broth containing 20% glycerol.

Standard bacterial inoculants:

Standard bacterial inoculants were prepared by inoculation 1% v/v of *L. plantarum*, *L. curvatus*, *B. megaterium* and *Bacillus subtilis* in conical flask containing 50 mL of MRS broth pH 6.2 for 24 h. at 37°C. Achieved viable cells count (CFU) was determined by serial dilution and subsequent enumeration on MRS agar.

Inhibition of *A. flavus* growth on solid media by bacterial strains:

The bacteria were grown on nutrient agar medium for 24 h. at 37°C. Agar discs 7 mm in diameter were cut off by a cork borer and transferred to the

surface of agar plates freshly cultivated by *A. flavus* on CzapekDox agar media. The inhibition zone diameter was determined according to Valgas *et al.*, (2007).

Table 1. Sources of tested bacteria.

Tested bacteria	Source	Accession number
1- Commercial probiotic (<i>Lactobacillus sp.</i> and <i>Bacillus subtilis</i>)	Pharma company	-
2- <i>Lactobacillus plantarum</i>	Mercens*	ATCC 14917
3- <i>Lactobacillus curvatus</i>	Mercens	ATCC 1136
4- <i>Bacillus megaterium</i>	Mercens	A.F. 10
5- <i>Bacillus subtilis</i>	Mercens	A.F. 12

* Obtained from Dr. Abdel-Salam, A.F., Regional Center for Food and Feed, ARC, Giza, Egypt

Inhibition of aflatoxin B₁ production by *A. flavus* on YES medium:

The ability of commercial probiotic, *L. plantarum*, *L. curvatus*, *Bacillus subtilis* and *B. megaterium* to inhibit aflatoxin B₁ production by *A. flavus* strain NRRL 3145 was obtained from central lab. Of residues in agriculture products, Agric. Pesticides research center, Dokki, Egypt, and investigated by the simultaneous antagonism assay as described by Munimbazi and Bullerman (1998). Hundred ml portions of YES medium were sterilized at 121°C for 15 minute in 250 mL Erlenmeyer flasks. Six treatments : 1- *A. flavus* + 10 g commercial probiotics (4 x 10¹² cells/g); 2- *A. flavus* + 10 mL *L. plantarum* (8 x 10⁹ cfu/mL); 3- *A. flavus* + 10 mL *L. curvatus* (8 x 10⁹ cfu/mL); 4- *A. flavus* + 10 mL *Bacillus megaterium* (8 x 10⁹ cfu/mL); 5- *A. flavus* + 10 mL *Bacillus subtilis* (8 x 10⁹ cfu/mL) and 6- *A. flavus* only (control) were used, three flasks /each treatment. *A. flavus* of each treatment was 1 mL of fungal spores suspension containing 10⁷ spores/mL. All flasks were incubated at 28° C and analyzed for aflatoxin B₁ production after 8 days of incubation.

Inhibition of aflatoxin B₁ production by *A. flavus* on corn:

Hundred g of free aflatoxin corn was added to 400 mL tap water in Erlenmeyer flasks (2 L.) (3 replicate/each treatment). The content was heated to start boiling and the free water was drained. All flasks were autoclaved at 121°C for 15 minute. The flasks were left until cooling, and then inoculated with 20 mL of *A. flavus* spores suspension containing 10⁷ spores/mL. The treatments were: 1- *A. flavus* + 10 g commercial probiotics; 2- *A. flavus* + 10 mL *L. plantarum*; 3- *A. flavus* + 10 mL *L. curvatus*; 4- *A. flavus* + 10 mL *B. megaterium*; 5- *A. flavus* + 10 mL *Bacillus subtilis* and 6- *A. flavus* only (control). All flasks were incubated at 28° C and analyzed for aflatoxin B₁ production after 8 days of incubation.

The synergistic effect of mixed probiotics + *B. megaterium* on inhibition of AFB₁ production was carried out. The treatments were: 1- *A. flavus* + 10 g commercial probiotics; 2- *A. flavus* + 10 mL *B.*

megaterium; 3- *A. flavus* + 10 g commercial probiotics + 10 mL *B. megaterium* and 4- *A. flavus* only (control). All flasks were incubated at 28° C and analyzed for aflatoxin B₁ production after 8 days of incubation.

Determination of AFB₁ on YES media and corn:

At the end of incubation period (8 days), AFB₁ in YES medium or corn was extracted by adding 100 ml chloroform to each culture flask, then shaken for 15 minutes on a wrist-action shaker. After phase separation the chloroform layer was removed and the extraction repeated with additional 100 ml chloroform. Combined extracts were dehydrated over granular anhydrous sodium sulphate and evaporated to dryness at 60°C in a water bath with liquid nitrogen. Residues were dissolved in 1 ml of water : methanol : acetone (54 : 29 : 17, v/v/v) and analysis. The total aflatoxins content in liquid medium and rumen content were determined according to AOAC (2006) method using monoclonal antibody columns for total AFs (VICAM Science Technology, Watertown, MA, USA). AFs identification was performed by a modification of the HPLC-Afla test procedure Agilent 1200 Series USA. HPLC equipment with two pumps, column C18, Lichrospher 100 RP-18, (5 µm x 25 cm) was used. The mobile phase consisted of water:methanol :acetone (54 : 29 : 17, v/v/v) at flow rate of 1 ml / minute. The excitation and emission wavelengths for all AFs were 362 and 460nm (Fluorescence detector), respectively.

In vitro dry and organic matter disappearance of corn:

In vitro dry matter disappearance (IVDMD) and *in vitro* organic matter disappearance (IVOMD) of corn (corn control, *A. flavus* only; *A. flavus* + commercial probiotics; *A. flavus* + *Bacillus megaterium*; *A. flavus* + commercial probiotics + *Bacillus megaterium*) by rumen fluid were carried out and determined according to Tilley and Terry (1963) and modification suggested by Marten and Barnes, (1979). The rumen fluid were collected from 3 adult rams were fed on clover hay for 20 days.

Statistical analysis:

Data of the experiments were statistically analyzed using the General Linear Model Program of SAS (1996). Significant differences between treatments means were tested by Duncan's Multiple Range Test (Duncan, 1955).

RESULTS AND DISCUSSION

1- Inhibition of *A. flavus* growth by bacterial strains:

L. plantarum (ATCC 14917), *L. curvatus* (ATCC 1136), *B. megaterium* (A.F.10), *B. subtilis* (A.F.12) and commercial probiotics (Table 1) were able to inhibit the growth of *A. flavus* on solid medium (Table 2). The best inhibition was occurred by *B. megaterium* followed by *L. plantarum*. These results agree with results of Corsetti *et al.*, (1998) and Coloretto *et al.*, (2007), who reported that lactic acid bacteria (LAB) inhibit mold growth and mycotoxin production. Also, Gomahet *et al.*, (2009) who found that growth of *A. flavus* was slightly inhibited with the presence of 3 strains of *Lactobacillus spp. Lactobacillus curvatus* HBO2 could inhibit growth of

fungi cultured on doubled-layered agar or in liquid anaerobic cultivation medium (Dong-meiet *al.*, 2008). Inhibition of mold growth by LAB may be due to their action as bio-preservative organisms. Their preserving effect mainly relates to the formation of lactic acid, acetic acid and hydrogen peroxide; competition of nutrients, and the production of bacteriocins (Lindgren and Dobrogosz, 1990; Karunaratneet *al.*, 1990).

Table 2. Inhibitory effect of bacterial strains on the growth of *A. flavus* on solid medium.

Bacterial strains	Inhibition zone (mm)
1- <i>Lactobacillus plantarum</i>	++ (8mm)
2- <i>Lactobacillus curvatus</i>	++ (7 mm)
3- <i>Bacillus megaterium</i>	+++ (12 mm)
4- <i>Bacillus subtilis</i>	++ (5 mm)

2-Inhibition aflatoxin B₁ production by *A. flavus* on YES media and corn:

The measured of AFB₁ concentration using HPLC showed that all tested bacteria significantly (P<0.05) decreased AFB₁ concentration in YES medium and corn (Table 3). The % of decrease ranged from 91.27 to 100% in YES medium and from 49.96 to 69.81 % in corn. The highest decrease in AFB₁ production in

corn was occurred by *B. megaterium* (69.81%) followed by commercial probiotics (59.62%). The synergistic effect of *B. megaterium* mixed with commercial probiotic on inhibition of AFB₁ production was observed (Table 4). These results are reasonable to that of Gomahet *al.* (2009) who reported that the amounts of AFB₁ produced by *A. flavus* in the presence of *Lactobacilli* (5 strain) were reduced by 96.3 to 98.3% compared with control after 10 and 20 days of incubation, respectively. Also, they found that production of AFB₁ by *A. parasiticus* was almost completely inhibited (98.8 to 99.99%) by all the investigated *Lactobacilli*. Also, Farzanehet *al.* (2012) reported that *Bacillus subtilis* could considerably remediate AFB₁ from nutrient broth culture and pistachio nut by 85.66% and 95% respectively. Moreover, Qing Konget *al.*, (2014) reported that AFs accumulation in potato dextrose broth liquid medium and liquid minimal medium was almost totally (more than 98 %) inhibited by co-cultivation with *Bacillus megaterium*. Reduction of AFs production in liquid media, milk and intestine by LAB may be due to adsorb of AFs by LAB. Bacterial cell wall binds the toxin with non-covalent weak bonds accompanied with some electrostatic attraction through lactinine like protein, polysaccharides and peptidoglycan (Gratzet *al.*, 2005).

Table 3. Inhibition of aflatoxin B₁ production of *A. flavus* by commercial probiotic and bacteria.

Treatments	Aflatoxin B ₁ concentration (ppm)	Inhibition of aflatoxin B ₁ production (%)*
	Yeast extract sucrose medium (YES)	
1- Control (<i>A. flavus</i> only)	a 31.50 ± 1.25	0.0
2- <i>A. flavus</i> + commercial probiotic	b 2.75 ± 0.25	91.27
3- <i>A. flavus</i> + <i>Lactobacillus plantarum</i>	c 0.0 ± 0.0	100
4- <i>A. flavus</i> + <i>Lactobacillus curvatus</i>	c 0.0 ± 0.0	100
5- <i>A. flavus</i> + <i>Bacillus megaterium</i>	c 0.0 ± 0.0	100
6- <i>A. flavus</i> + <i>Bacillus subtilis</i>	c 0.0 ± 0.0	100
Corn (Zea maize)		
1- Control (<i>A. flavus</i> only)	a 13.25 ± 0.25	0.0
2- <i>A. flavus</i> + commercial probiotic	e 5.35 ± 0.23	59.62
3- <i>A. flavus</i> + <i>Lactobacillus plantarum</i>	d 5.63 ± 0.13	57.51
4- <i>A. flavus</i> + <i>Lactobacillus curvatus</i>	b 6.63 ± 0.13	49.96
5- <i>A. flavus</i> + <i>Bacillus megaterium</i>	f 4.0 ± 0.0	69.81
6- <i>A. flavus</i> + <i>Bacillus subtilis</i>	c 6.25 ± 0.25	52.83

*Inhibition of aflatoxin B₁ production (%) = aflatoxin B₁ concentration of control (*A. flavus* only) - aflatoxin B₁ concentration of *A. flavus* treated with bacterial culture / aflatoxin B₁ concentration of control x 100.

a,b,c,d,e,f Means in the some row bearing different letters differ significantly (p<0.05) n=3.

3. In vitro dry and organic matter disappearance of corn:

In vitro dry matter disappearance (IVDMD) and *in vitro* organic matter disappearance (IVOMD) were significantly ($P < 0.05$) decreased in control (fungus only). These results agreed with those reported by Westlake *et al.* (1989), who found reduction in digestion of alfalfa hay contaminated with AFs by ovine rumen fluid (*in vitro*). They suggested that microbial activity was partially inhibited.

Addition of commercial probiotics, *B. megaterium* or mixed of them significantly ($P < 0.05$) increased IVDMD and IVOMD of corn. The highest value of IVDMD (80.49%) and IVOMD (81.28%) were found in mixed commercial probiotics + *B. megaterium* compared to 53.03% and 81.28%, respectively of control (fungus only). Increasing of IVDMD and IVOMD of corn by addition may be due to decreasing of aflatoxin B₁ concentration in corn (Table 3) and rumen fluid (Table 5)...

Table 4. Synergistic effect of mixed commercial probiotics + *B. megaterium* on inhibition of aflatoxin B₁ production in corn.

Items	Aflatoxin B ₁ concentration (ppm)	Inhibition of aflatoxin B ₁ production (%)*
1- Control (fungus only)	a 13.95 ± 0.23	0.0
2- Fungs + 10 g commercial probiotics.	b 5.65 ± 0.23	59.50
3- Fungs + 10 ml <i>Bacillus megaterium</i>	c 3.86 ± 0.21	72.33
4- Fungs + 10 g commercial probiotics + 10 ml <i>Bacillus megaterium</i>	d 2.98 ± 0.23	78.64

*Inhibition of aflatoxin B₁ production (%) = $\frac{\text{aflatoxin B}_1 \text{ concentration of control (A. flavus only)} - \text{aflatoxin B}_1 \text{ concentration of A. flavus treated with bacterial culture}}{\text{aflatoxin B}_1 \text{ concentration of control}} \times 100$.

a,b,c,d Means in the same row bearing different letters differ significantly ($p < 0.05$) n=3.

Table 5. Effect of mixture of bacteria on dry and organic matter disappearance of corn (*in vitro*) and aflatoxin B₁ content in rumen fluids.

Items	<i>In vitro</i> dry matter disappearance (%)	<i>In vitro</i> organic matter disappearance (%)	Aflatoxin B ₁ content in rumen fluid (ppm)
1- Control (fungus only)	c 53.03 ± 2.64	c 64.22 ± 2.25	a 7.685 ± 188
2- Fungs + 10 g commercial probiotics.	b 72.75 ± 0.94	b 73.01 ± 0.6	b 2.630 ± 190
3- Fungs + 10ml <i>Bacillus megaterium</i>	ab 76.71 ± 0.98	a 78.69 ± 0.99	c 1.125 ± 375
4- Fungs + 10 g commercial probiotics + 10 ml <i>Bacillus megaterium</i>	a 80.49 ± 1.39	a 81.28 ± 1.45	d 0.940 ± 60

a,b,c,d Means in the same row bearing different letters differ significantly ($p < 0.05$) n=3.

CONCLUSION

The results of the present study showed that all bacteria (*Lactobacillus plantarum*, *Lactobacillus curvatus*, *Bacillus megaterium*, *Bacillus subtiles*) and commercial probiotic have higher ability on inhibition of *A. flavus* growth and its AFB₁ production. The best treatment was *B. megaterium* and commercial probiotics in inhibition of aflatoxin B₁ production on corn and improving its digestion *in vitro*. Future studies may test the inoculation of agriculture crops by these bacteria at the field harvest and post-harvest stages to reduce aflatoxin in grains, and also to extend the shelf-life of food and feedstuffs.

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تثبيط انتاج الافلاتوكسين ب 1 بواسطة البكتريا

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¹ المركز الاقليمي للأغذية والأعلاف - مركز البحوث الزراعية - وزارة الزراعة - الجيزة - مصر.
² قسم النبات - كلية العلوم - جامعة الزقازيق - الزقازيق - مصر.

تلوث الأغذية بالافلاتوكسين من المشاكل الخطيرة في العالم. الافلاتوكسين B1 ناتج ثانوي لفطر الاسبرجلس فلافس وله سمية وتأثير سرطاني مرتفع. تقليل تلوث المنتجات الغذائية والأعلاف يمكن انجازه بواسطة الكائنات الحية الدقيقة. في هذه الدراسة تم استخدام بكتريا لاكتوباسلس بلانتاروم ، لاكتوباسلس كورفيتس ، باسلس ميجاتيريوم ، باسلس ساتلس و بروبيوتك تجارى لوقف انتاج الافلاتوكسين ب 1 على بيئة مستخلص الخميرة والسكر (YES) والذرة. ثبتت كل سلالات البكتريا انتاج الافلاتوكسين B1 من فطر الاسبرجلس فلافس على بيئة مستخلص الخميرة والسكر والذرة. كانت بكتريا الباسلس ميجاتيريوم الافضل تأثيرا حيث ثبتت نمو الفطر وكان قطر المنطفة الخالية من النمو ١٢ ملم كما خفضت انتاج الافلاتوكسين B1 في بيئة (YES) والذرة والتي تم قياسها بواسطة التحليل الكروماتوجرافي السائل (HPLC) ١٠٠%. انتاج الافلاتوكسين B1 على الذرة والمقدر باستخدام HPLC انخفض بواسطة الباسلس ميجاتيريوم ٦٩.٨١% تلاه بروبيوتك التجارى (٥٩.٦٢%). وجد تأثير تعاوني بين بروبيوتك التجارى والباسلس ميجاتيريوم في تقليل انتاج الافلاتوكسين B1 في الذرة وكذلك تحسين هضمه معمليا.